

Celebrating Years of Inspiration, Creativity, and Partnership

Community, memories, resilience and new beginnings were just some of the themes celebrated in Long Wharf Theatre's *New Haven Play Project* on Sunday, June 30th. Over 200 guests enjoyed hearing the varied and contrasting stories of Greater New Haven. The *Play Project* connects groups from across Greater New Haven to share, learn, grow and create art together through theater. This year, Towers residents teamed up with immigrants and refugees connected to IRIS (Integrated Refugee & Immigrant Services). IRIS helps refugees and immigrants establish new lives, regain hope and contribute to the vitality of Connecticut's communities.

The show, directed by Sharece Sallem and Elizabeth Nearing, is the culmination of months of group work. Poetry, dance, song and verse delighted the audience as they were transported between past and present through the memories and experiences of the cast. Towers residents reflected on their experiences of race and race relations, war, politics, music, family, home and more. There were many shared themes between the newcomers and

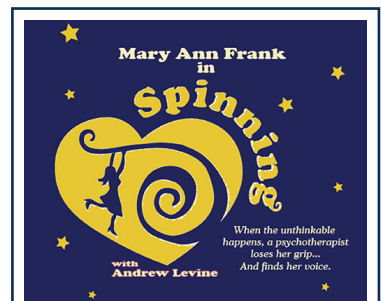


Front Row pictured (L-R): Towers' residents Sylvia Rifkin, Isidor Juda, Acquetta Lewis, Barbara Noti, and Sharece Sellem, co-director, LWT ElderPlay Project. **Second Row pictured (L-R):** Elizabeth Nearing, co-director, LWT ElderPlay Project, Towers' resident Carla Highsmith, Gus Keach-Longo, President/CEO, The Towers at Tower Lane, and Towers' resident Orriel (Cookie) Razez. **Missing from picture:** Towers' residents Delores Alleyne and Albert Zax.

elders with heavy and serious content and also moments of humor, joy and laughter.

Participating Towers residents included Delores Alleyne, Carlis Highsmith, Isidor Juda, Acquetta Lewis, Barbara Noti, Orriel (Cookie) Razez, Sylvia Rifkin and Albert Zax.

Towers Participation in *The New Haven Play Project* is made possible by the generosity of The Jewish Foundation of Greater New Haven, Jacqueline Koral and David Schancupp.



Spinning, another show at Long Wharf Theatre made possible by the very generous gift of a friend of The Towers. Thirty residents enjoyed seeing this production, an extraordinarily intimate 80-minute encounter with Dr. Mary Ann Frank, a highly respected clinical psychologist and accomplished singer, actress, and storyteller. *Spinning* refers to the early disorientation of grief, but Mary Ann is a powerful spinner of deep and deeply hilarious tales of family love, incomprehensible loss, and the power of music to open a path toward resilience, healing and hope. A wonderful time was had by all who attended!



Towers' residents perform their monologues

There's So Much To Do!

Weekly Programming

Sunday

2:00 pm Afternoon Movie
7:00 pm Evening Movie

Monday

10:30 am Chair Exercise
1:00 pm Manicures
2:00 pm Yiddish Group
7:00 pm Evening Movie

Tuesday

10:00am Chair Massage
(Bimonthly)
11:00 am Mah Jong Group
1:00 pm Healthy & Fit Exercise
2:00 pm Arts & Crafts
7:00 pm Evening Movie

Wednesday

10:30 am Hearing Clinic/
Seamstress
10:45 am Towers Chorus
1:00 pm Knitting & Crochet
2:00 pm Bingo
1:00 pm Stay Balanced/Fall
Prevention Program
7:00 pm Evening Movie

Thursday

10:30 am Art Class
1:00 pm Healthy & Fit
Exercise
2:00 pm Adult Coloring
7:00 pm Evening Movie

Friday

11:00 am Chair Exercise
11:00 am Bible Study
12:45 pm Gospel Choir
1:00 pm Create-a-Word
2:00 pm Tai Chi
2:45 pm Trivia
5:30 pm Dominoes
7:00 pm Shabbat Service

Saturday

10:00 am Shabbat Service
2:00 pm Afternoon Movie
6:30 pm Bingo
7:00 pm Evening Movie

July 2019

Watch for these Upcoming Events

Dates and times are subject to change.

Monday July 1

2:00 pm Monthly Poetry
Meeting

Tuesday July 2

10:30 am Lunch at the
Sandpiper
3:30 am Dance Program
with Master Instructor
Leng Tan

Thursday July 4

12:00 pm Early Dinner
2:00 pm Towers Chorus
Patriotic Performance

Friday July 5

10:00 am Monthly
Shopping Trip- Hamden
Plaza

Monday July 8

11:30 am HealthPro Info
Session- Grip Strength
Clinic

Tuesday July 9

11:00 am Community
Chat with Gus

Wednesday July 10

10:15 am Trip To the
Peabody Museum

Thursday July 11

2:00 pm Aging Mastery
Program

Saturday July 13

2:00 pm Humor Hour with Jim
Brochin

Sunday July 14

12:00 pm Local Musician Hal
Grossgold
7:00 pm Movie and Discussion
with Jim Brochin

Thursday July 18

2:00 pm Aging Mastery
Program

Tuesday July 23

10:00 am Coffee Klatch
3:00 pm New Residents
Meeting

Thursday July 25

2:00 pm Aging Mastery
Program

Friday July 26

8:00 pm Special Oneg
Honoring the Life of Fran
Wallnau

Tuesday July 30

3:30 pm Karaoke Program with
Dance Instructor Leng Tan

*We will be hosting Dr. Joyce
Saltman's Healing, Education,
Laughter & Play course here at the
Towers August 5th & 6th ! Towers
residents will be invited to attend
these informative and inspirational
sessions!*

Please Note: Some regularly scheduled programs may be cancelled to accommodate other additional programs. We strive to frequently offer new programs in a wide variety of topics.

Towers Foundation: Loving Kindness in Action

Ms. Judy Alperin in memory of Adele Altschuler
Ms. Marcia Caplan in memory of Evelyn Berger
Ms. Doris Dimenstein in honor of Norman Feitelson's granddaughter's wedding
Mr. & Mrs. Joel Evans in memory of Adele Altschuler
Mr. Robert P. Forbes in memory of Helen Drucker
Mr. & Mrs. Howard Goldberg in memory Norman Goldberg
Jewish Family Service of Greater New Haven in honor of The Towers building staff,
wait staff, cleaning staff, and others who helped with our Spring Celebration
Ms. Rebecca Kaletsky, Mr. Louis Kaletsky, Mrs. Tracy Kaletsky, and Mr. Graham Kaletsky in memory of Fran Wallnau
Ms. Aliza Krevolin in memory of Evelyn Berger
Mr. & Mrs. Daniel Krevolin in memory of Evelyn Berger
Mr. & Mrs. Jack Mendlestein in memory of Evelyn Berger
Mr. & Mrs. Allen Mushin in memory of Fran Wallnau
Ms. Nancy Olins in memory of Adele Altschuler
Ms. Karen Overthrow in honor of Barbara Cushen
Ms. Sylvia Rifkin in memory of Helen Drucker
Mr. & Mrs. Jason Schaperow in memory of Pearle Schaperow
Mr. & Mrs. Michael Silverberg in memory of Roslyn Lerner
Mrs. Barbara Y. Stein in memory of Helen Drucker
Mr. & Mrs. Richard Sviridoff in memory of Manpreet's grandmother
Ms. Marjorie Sydney in memory of Evelyn Berger
Ms. Doris Zonder in memory of Fran Wallnau

The Towers makes every effort to list donors as they wish. To make a correction, please contact Jennifer Bayer. To make a gift in someone's honor or memory, contact Jennifer Bayer, Director of Development and Community Relations, (203) 772-1816, ext. 290, Jennifer@towerone.org. A beautiful card will be mailed to the recipient.



The Towers at Tower Lane was the host venue for The Jewish Historical Society of Greater New Haven Annual Brunch. This year three of our Towers residents were recipients of awards for their many years of dedicated service and countless contributions to the Society and to Greater New Haven's Jewish Community.

Pictured (L-R), Lil & Lee Liberman and Stanley Saxe.



The Jewish Historical Society of Greater New Haven held their Annual Meeting at The Towers at Tower Lane recently.

The Towers as a Learning Laboratory in Partnership with Quinnipiac University

Quinnipiac University Occupational Therapy (OT) will be at The Towers this summer as a part of their graduate-level fieldwork education, supervised by their professor, Nicole Fidanza. The OT students are here to learn about the meaningful routines and activities of Towers seniors, and to increase social connections among them. The OT students will be practicing their evaluation and intervention skills by running varied groups, and through individual work with residents who expressed interest in exploring socialization, leisure pursuits, technology use, and more! Quinnipiac students have expressed thanks and gratitude to everyone who has participated so far. The Session Two students are looking forward to meeting and learning from everyone!



Session One OT students, (L-R): Zoey, Melissa, Holly and Juli



Session Two OT students, (L-R): Emily, Morgan, Kelly and Casey

Community Events at The Towers



The Jewish Family Service and the Jewish Historical Society both held their events here and our dining food services catered.

Photography by Peter Olin Photography